

MAY IS FOR MARATHONS, MUSEUMS AND LIVE MUSIC IN COSTA MESA

COSTA MESA, Calif. (March 27, 2019) – Each year, the <u>OC Marathon</u> takes place in the month of May with a scenic run along coastal Orange County and concludes at the OC Fair & Event Center <u>finish line party in Costa Mesa</u> with live music, food and drinks. This family event draws runners of all levels from more than 40 states and 20 countries. In 2018, more than 10,000 men and women participated in the 5K, 1/2- or full-marathon or the "combo crush" (for completing two of the three races). In addition, nearly 10,000 elementary-age students participated in Kids Run the OC, the largest kids' run in the country – representing 150 local schools. There is still time to sign up for the 15th <u>OC Marathon</u>, May 3-5, 2019.

Runners can take advantage of the <u>hotel deals</u> that include a shuttle to and from the race (a \$40 value) and check out the <u>Costa Mesa calendar of events</u> for a variety of things going on in the city during that time.

<u>Things to do May 3 - 5, 2019:</u>

- <u>OC Lifestyle & Fitness Expo</u>, a two-day event featuring vendors and exhibits at OC Fair & Event Center, 88 Fair Drive, Costa Mesa
- Heroes Hall Veterans Museum at OC Fair & Event Center
 Exhibit: <u>"Victory From Within: The American Prisoners of War Experience"</u>
- Experience the national showcase of <u>"Sheepdog"</u> at the Tony Award®-Winning South Coast Repertory during the Pacific Playwrights Festival
- <u>Family fun at Segerstrom Center for the Arts –</u> Enjoy outdoor performances, including a special appearance by an "America's Got Talent" contestant

From hiking through Costa Mesa parks and wetlands, to biking along the Santa Ana Riverbed, to the beach or indoor rock climbing, there are a variety of ways to <u>stay active while on vacation in</u> <u>Costa Mesa</u>.

Most Costa Mesa hotels offer onsite gyms and workout equipment, and some of the <u>best pools</u> <u>in Costa Mesa</u> are at the well-appointed hotels that are also within walking distance of most Costa Mesa attractions and events, including the OC Marathon. For other alternatives to health and wellness, visit <u>Spectra Yoga</u>, which offers various classes to focus the mind and spirit.

A visit to <u>South Coast Plaza</u>, Costa Mesa's international shopping destination, can help visitors log their 10,000 steps in a day and then treat themselves at the <u>Nordstrom Spa</u>, <u>which</u> offers a full menu of services as well as acupuncture, reflexology and aromatherapy treatments.

For spring break, the OC Marathon or any weekend escape, Costa Mesa <u>hotel deals</u> are available all year.

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Located in the heart of Orange County in Southern California with a population of approximately 113,000, Costa Mesa is situated next to the cities of Irvine and Newport Beach. Travel Costa Mesa was established in 1995. The organization's primary goal is to promote tourism to the city and to fund programs and activities that benefit the hotel and motel businesses within the city of Costa Mesa. For more information on travel to the city of Costa Mesa, visit <u>www.travelcostamesa.com</u> or follow @travelcostamesa on Facebook, Instagram and Twitter. Travel Costa Mesa is a 501(c)(6).

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